



Buxlow Preparatory School

Menu & Activity Timetable - After School Care

After School Care – Menu

(all snacks are low in sugar and salt)

Monday

- Bread Sticks , Dips, Fruit, Carrots

Tuesday

- Pita bread, Cucumber, Cheese Chunks, Fruit

Wednesday

- Nachos, Dips, Carrots, Fruit

Thursday

- Crackers, Cheese, Cucumber, Fruit

Friday

- Toast, Popcorn, Yoghurt, Fruit



Time Table – After School Care

Day	3:45 – 4.00	4.00	Activity
Monday	Snack	Homework	Board Games
Tuesday	Snack	Homework	iPad research
Wednesday	Snack	Homework	Art and design
Thursday	Snack	Homework	Construction
Friday	Snack	Homework	Cooking

